



Ruhkala a Leadership Academy

October 30, 2017

Inspired to Learn. Committed to Lead

Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](#)



Ruhkala Elementary School Halloween Costume & Activity Information

- Some classes may be having parties on 10/31/17. However, not every classroom has a party on this specific day. Please check with the teacher before assuming there is a party.
- On Tuesday, October 31st, students may wear costumes to school. Your children are not expected or required to wear a costume. Normal school activities are planned for this day. Therefore, the following guidelines are necessary to ensure a pleasurable and safe day for both the students and staff:
 - Emblems, words, or pictures on clothing and makeup should be appropriate to the educational atmosphere for students.
 - Costumes depicting excessive violence, fear or gore (i.e., Freddie Kruger, Scream Masks, blood, and victims, etc.) are not appropriate.
 - Costumes must be easily taken off & on for quick bathroom use, especially in Grades K-3. 4.
 - Students should come to school already dressed in their costume. Time will not be taken out of the instructional day to dress or undress.
 - If you are concerned that a costume might be damaged, it should not be worn to school.
 - Accessories (swords, shields, bags, etc.) that depict weapons, have sharp points, or may distract in class must be left at home.
 - The length of the costume should not obstruct the ability to participate in P.E., recess, or school activities.
 - Please direct your children to NOT share or try on any headgear/masks with other students (no lice!)
 - If in doubt, please do not wear it!

Thank you for your cooperation ensuring a fun-filled, safe Halloween day.



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PTC Update

<http://www.ruhkalaptsc.com>

Thank you for your support at our Chipotle night! We earned almost \$400!!
Way to go!

Our annual Jog-a-thon taking place on November 17th! Fundraising packets have been sent home and the prizes look fun! Get your running shoes on and let's have some fun!

The PTC is looking for some awesome parents to chair our Valentine Dance and Spring Carnival! Let us know if you would like more information!

Ruhkalaptc@gmail.com

Another fall favorite is our annual Jog-a-thon taking place on November 17th! Fundraising packets have been sent home and the prizes look fun! Get your running shoes on and let's have some fun!

Join us Tuesday, November 7th at 6pm in our Multipurpose room for our next PTC meeting! Meetings are under an hour and child care is provided free!

Have a great week Huskies!



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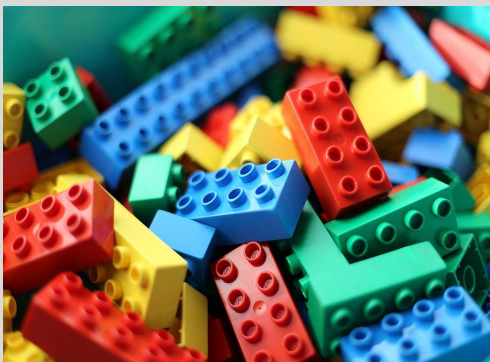
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Learning Commons Update

Thanks to the generosity of our PTC the Learning Commons has become a new favorite place for many of our students on campus. It is a fantastic environment to explore, collaborate, and extend our learning. Some common items that are on the Common's wishlist are used/no longer needed Lego pieces and masking tape of all colors and sizes. These items will be used for projects with all of our students.

Donation bins are found at the front office.





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Monday

Early Engineers (1:30-2:30/Room12) End of Session A

Early Out Mondays (Grade K dismissed at 1:10/Grades 2-6 dismissed at 1:30)

Tuesday

VAPA Ms. Storey

Ruhkala Choir is NOT MEETING this week.

Wednesday

VAPA Ms. Kelley/Mr.Garza

Ukuleles (3:30-4:30/Room L)

Thursday

VAPA Ms. Jensen/Ms. Brown

Friday

Leadership Assembly at 7:50 in our Amphitheater

Fire Drill 8:30



MONDAY MADNESS

◆ Crazy ◆ Fun ◆
◆ Relays ◆ Friends ◆

ROCKLIN GROCERY OUTLET IS PROVIDING THE SNACK & THE PTC IS PLANNING THE FUN, ASK YOUR FRIENDS AND JOIN THE FUN!

1:30 - 2:30
Immediately after school
Kinders - 6th, Kinders will be escorted
Ruhkala's Multi Purpose Room
Pick up will be from the back parking lot

On the following Mondays
October 23 March 19
December 11 April 23
January 22 May 14

Questions or want to help us make madness a success...
ruhkalaptc@gmail.com

\$5 PER MONDAY \$ 15 FOR THREE PLAY DATES \$30 FOR THE YEAR

Make checks payable to
Ruhkala PTC

PLEASE FILL OUT ONE TICKET TO FUN PER CHILD ASAP TO RESERVE A SPOT

Child's Name _____ Food Allergies _____

Teacher _____ Grade _____

Parent's Name _____

Number _____ email _____

Emergency Name and number _____

My child will.... { } walk home { } I will pick them up

{ } go home with _____

Parent Signature _____ \$ _____

ADMIT ONE



Here, There, Monstrously Cool Camps Everywhere



Year-round camps that
parents and kids love

Creative and imaginative programs that kids love, run by qualified supportive camp leaders and teachers. Children love our camp singing, exploring, creating, playing, moving, leading, and friendship building!

CONVENIENT CAMP LOCATIONS
Most camps are at our centers right on campus, with the same convenient drop-off and pick-up you are used to for our before & after school programs.

SCHEDULES FOR BUSY FAMILIES
With camps during seasonal school breaks and traditional summer days, our licensed programs have flexible schedules and offer full days.

REGISTER FOR WINTER CAMP TODAY!

Antelope Creek CDC
916.778.3082
center119@cdicdc.org

Breen CDC
916.660.5855
center132@cdicdc.org

Cobblestone CDC
916.778.3088
center133@cdicdc.org

Parker Whitney CDC
916.778.3092
center124@cdicdc.org

Rock Creek CDC
916.660.5963
center138@cdicdc.org

Rocklin CDC
916.778.3084
center126@cdicdc.org

Ruhkala CDC
916.778.3096
center151@cdicdc.org

Sierra CDC
916.778.3098
center129@cdicdc.org

Sunset Ranch CDC
916.778.3086
center162@cdicdc.org

Twin Oaks CDC
916.778.3090
center163@cdicdc.org

Valley View CDC
916.778.3094
center169@cdicdc.org

FREE REGISTRATION FEE for Winter Camp when you register by
November 20, 2017. Visit center or cdicdc.org for details/rules.



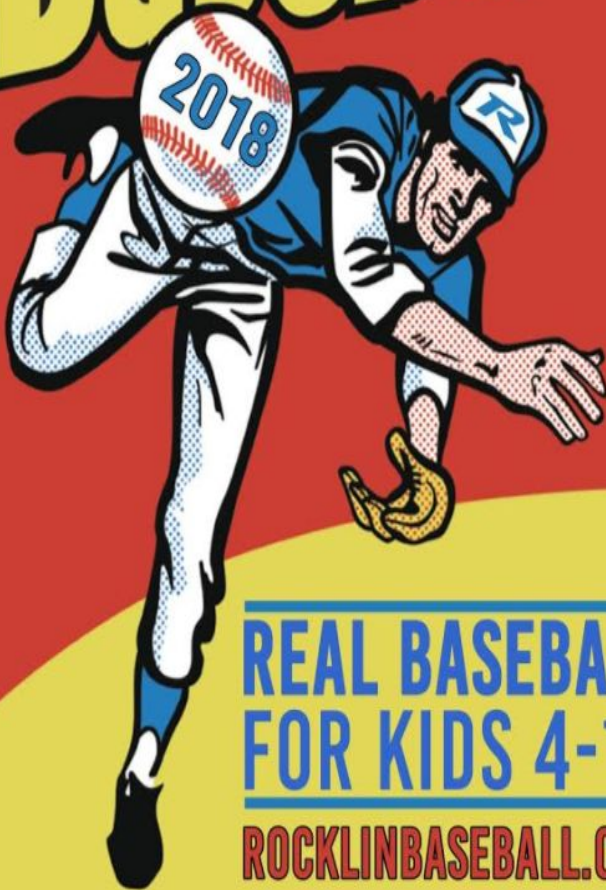
cdicdc.org

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R

ROCKLIN PONY Baseball



**REAL BASEBALL
FOR KIDS 4-14**

ROCKLINBASEBALL.COM

**2018 SPRING
BASEBALL**

WWW.ROCKLINBASEBALL.COM



REGISTRATION OPENS OCTOBER 1

WHETHER YOUR CHILD IS NEW TO BASEBALL OR ALREADY AN ALL-STAR, ROCKLIN PONY OFFERS A FUN AND COMPETITIVE LEAGUE THAT STRESSES FUNDAMENTALS, SPORTSMANSHIP, AND FUN. WE ALLOW THE RULES AND SIZE OF THE FIELDS TO GROW WITH THE KIDS. EVERYONE PLAYS AND EVERYONE BATS.

FOR THE MOST PLAY TIME AND THE MOST FUN, PLAY ROCKLIN PONY BASEBALL!

AGES 4-14
(AS OF 8/31/18)

SHETLAND \$90
AGES 4-6

PINTO \$120
AGES 7-8

MUSTANG \$120
AGES 9-10

BRONCO \$120
AGES 11-12

PONY \$120
AGES 13-14

**REGISTER ONLINE AT
ROCKLINBASEBALL.COM**

**GAMES AND PRACTICES
HELD WEEKNIGHTS AND
WEEKENDS**

916.945.8470

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VISION



SOCCER TRAINING

Focused on Player Development!

SKILLS AFTER SCHOOL

Monthly Skills Clinic
for Boys & Girls

Something for everyone

New players will learn the fundamentals of soccer & experienced players will develop their soccer skills through individual and group skills tactics

Not just an after school club

Weekly homework skills & a homework log book record each player's progress. All players get access to our online skills tutorials which break down skills step by step.

Superb Coaching Staff

Our coaches have professional coaching certifications, ensuring that all participants get phenomenal skills lessons.

Getting to class couldn't be easier!

Players meet their teammates and coach on the school field, immediately after school. Same time & day each week.

Exciting
changes
this year!

SPEED, AGILITY & QUICKNESS

Build skills that are applicable to all sports, not just soccer!

NEW & IMPROVED CURRICULUM

Progressive curriculum
No repeated sessions
Individual skill building

EARLY BIRD REGISTRATION

HOMEWORK BOOK

Players receive weekly skills homework and a homework log book to record the progress they make.

ONLINE SKILLS RESOURCE

Online skills videos break down the weeks individual skills lessons, in an easy to follow format.

MINIMUM DAY & HOLIDAY CAMPS

Special camps for minimum days and holidays.

Monthly Clinic

4 Classes in a Clinic.
60-minute classes.

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Get 1 Clinic FREE - when you register for a 3 clinic bundle!

www.VisionSoccerTraining.com | 916.837.0336

